



Berkshire Healthcare
Children, Young People and
Families services

CAMHS Learning Disability Team & Keyworking Team, Berkshire West Update



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Who we are



Berkshire Healthcare
Children, Young People and
Families services

The CAMHS Learning Disability Team is a **specialist mental health service** that supports children and young people who have a **diagnosed/suspected moderate or severe learning disability** and are experiencing a **significant or suspected mental health need** and/or significant **behaviours that challenge** that **limits normal daily functioning**.

This service is specifically for children with a moderate or severe learning disability, as we know that these children are experiencing significant inequalities in accessing mental health support and require a more specialist mental health service to meet their needs.

Referral Criteria



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Service Inclusion:

- Aged 5 – 17 years old
- Have a diagnosed moderate or severe learning disability (or a significant impairment of intellectual and social adaptive functioning indicative of a moderate or severe learning disability)
- Registered with a GP in Berkshire (Bracknell, Royal Borough of Windsor & Maidenhead, Slough, Wokingham, Reading and West Berkshire)
- Are experiencing:
 - A significant emotional, mental health need
 - Significant behaviours that challenge associated with a mental health need

Service Exclusion:

- No diagnosis/ No evidence of a learning disability
- Specific Learning Difficulties e.g. Dyslexia, Dyspraxia, Dyscalculia
- A stand-alone diagnosis of ASD or any other neurodevelopmental disorder without evidence of a learning disability
- A Mild Learning Disability (Can be supported through Mainstream CAMHS)
- No significant mental health concern/diagnosis or challenging behaviours
- Challenging behaviours where there is no evidence these are connected to a mental health disorder or emotional distress

Referral Process



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- We accept referrals from professionals, as well as parents and carers and young people themselves.
 - Referrals can be made via the Berkshire Healthcare NHS Trust Children, Young People and Families Referral Service webpage: <https://cypf.berkshirehealthcare.nhs.uk/referrals/>
 - The team will review the referral and identify if it is appropriate for the CAMHS Learning Disability Team.
 - Referrals to the team will then be discussed in our weekly team meeting and triaged (screened for risk and urgency)
 - We will communicate the outcome of the discussion to the referrer, young person and family.
 - Sometimes we might need more information to make sure we are the most appropriate team. We might ask more questions about the person being referred and request reports such as their EHCP
-



Recruitment to date

1.0 wte Senior Clinical
Psychologist/Team Lead

1.0 wte Consultant
Psychiatrist (currently a
locum)

1.0 wte Learning
Disability
Nurse/Professional Nurse
Lead

0.60 wte Learning
Disability Nurse
0.40 wte to recruit

1.0 wte Behaviour
Specialist

1.0 wte Assistant
Psychologist
We have recruited
another 1.0 wte Assistant
Psychologist, currently
undergoing employment
checks

1.0 wte Clinical
Psychologist – out to
advert – 2nd time

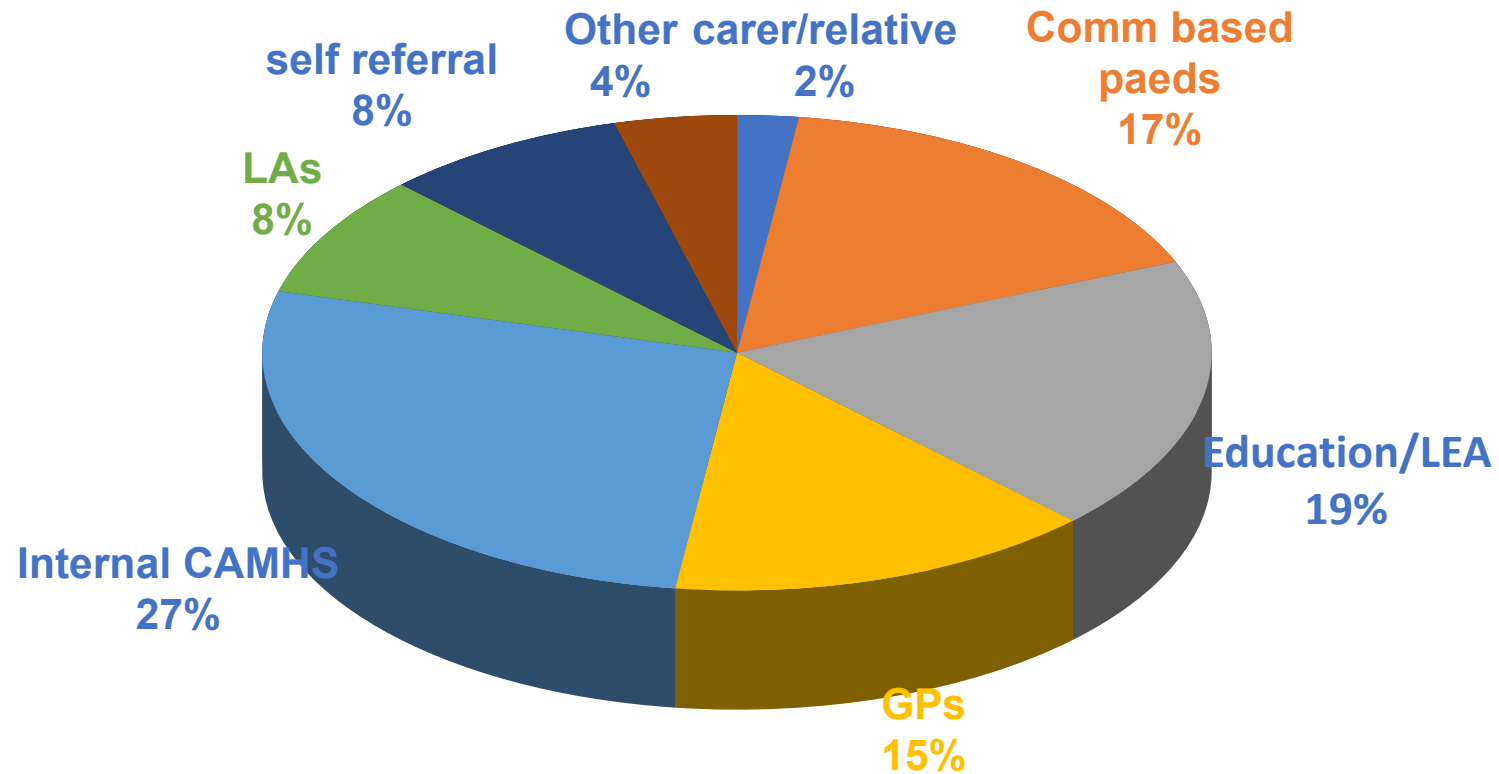
1.0 wte Administrator

Progress to date

The team became operational as of the 29th January 2024 – we took on some pilot cases before going operational. Below are numbers of referrals per month (as of 14th Feb 2024)

Column1	Month of Referral Date Time	Month of Referral Date Time2	Month of Referral Date Time3	Month of Referral Date Time4	Month of Referral Date Time5
Current Team Name	Nov-23	Dec-23	Jan-24	Feb-24	Grand Total
CAMHS Learning Disability Team	1	3	20	38	62

Source of referrals (November 2023 – February 2024)



Progress to date

- Promotional video created for recruitment of Consultant psychiatrists to go out with adverts
 - Working with the special schools in the Borough to ensure consultation offer is in place – meetings have taken place
 - Webinars being rolled out and invites have been sent out to professional across the multi-agency network
 - Working with both East and West ICBs for those CYP who have received spot purchasing packages and routes of care
 - Steering group – collaborative group progressing service
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Berkshire Healthcare
NHS Foundation Trust

Keyworking Team, Berkshire West

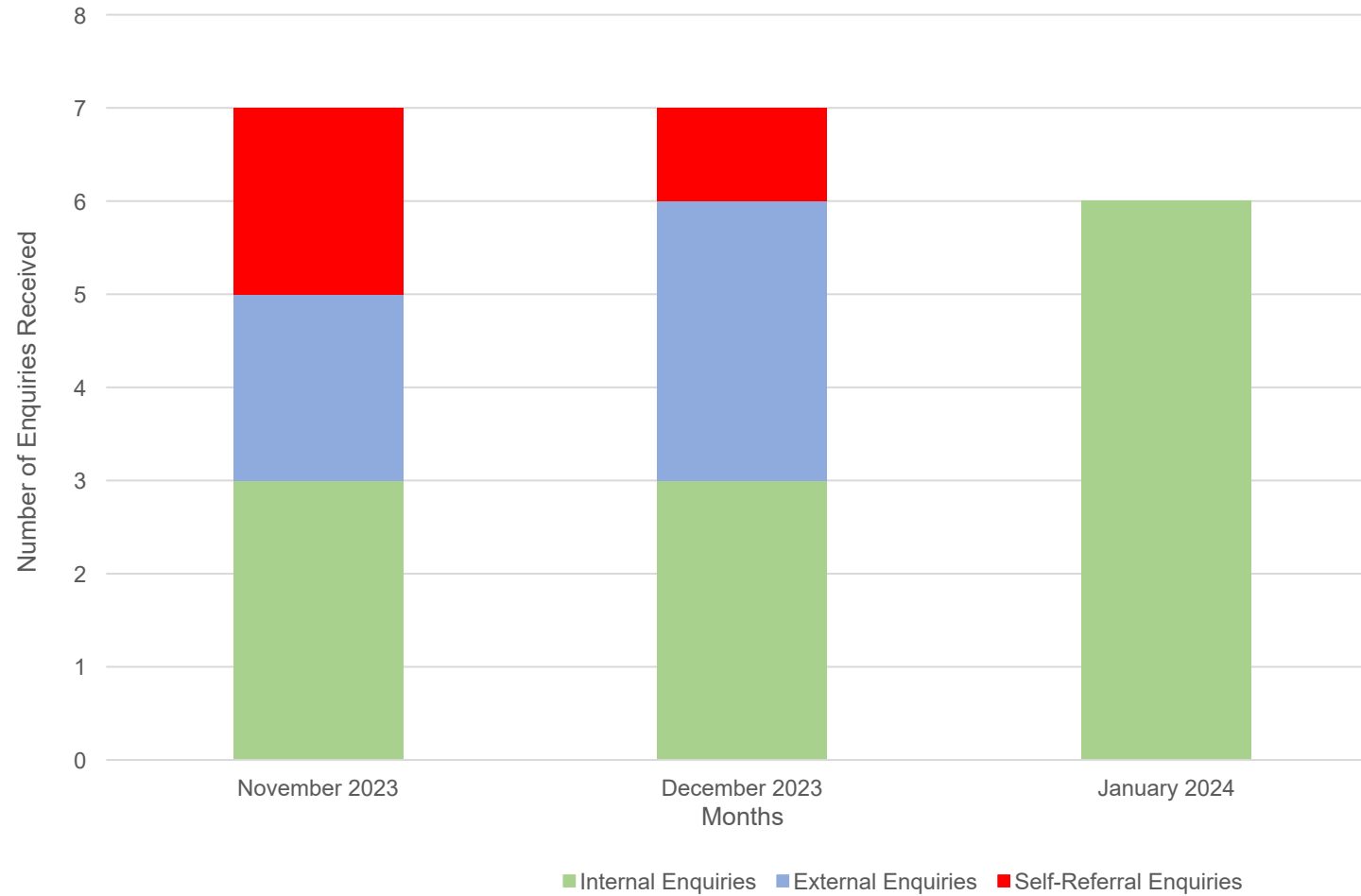
Update
23/02/2024





Number of Enquiries

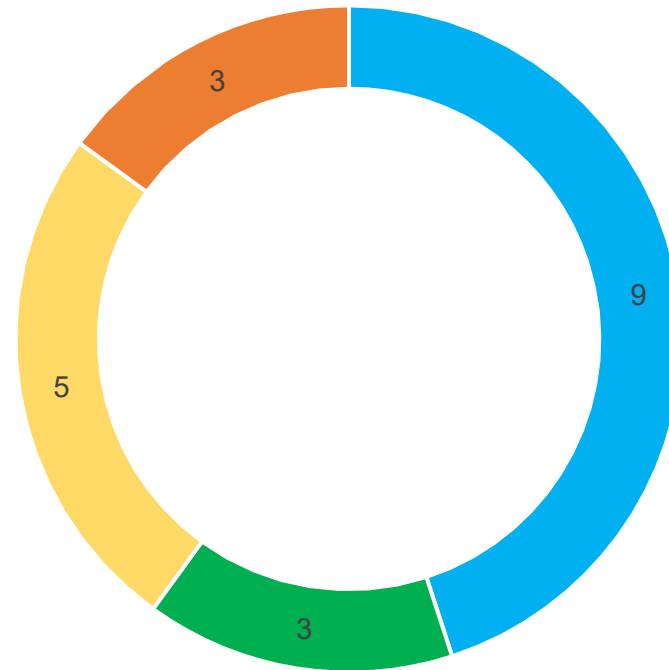
Enquiries Received (November 2023 - January 2024)





Enquiries by Area

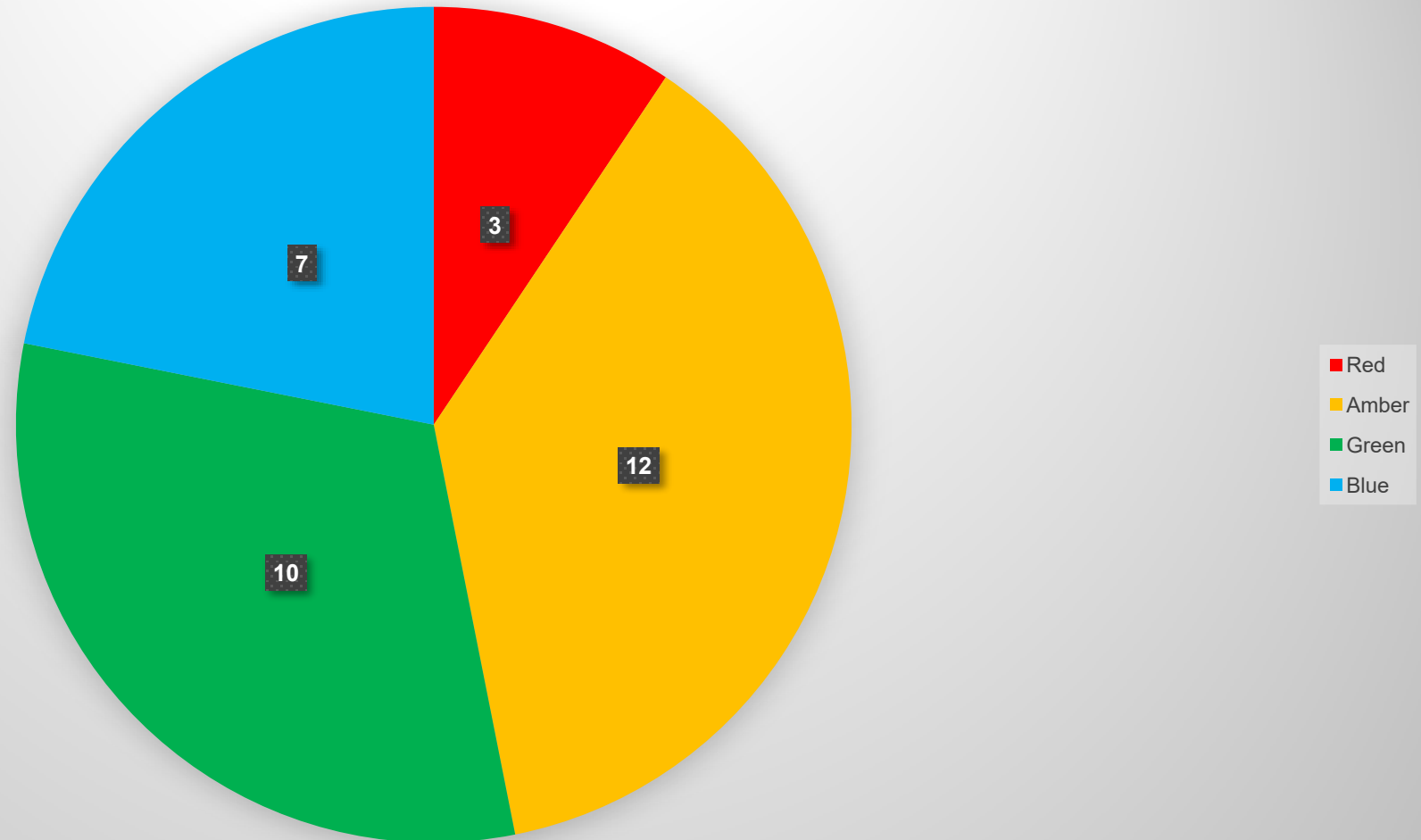
Enquiries Received by Area (November 2023 - January 2024)



■ Reading ■ West Berkshire ■ Wokingham ■ Out of Area ■ East Berkshire

RAG Ratings on Dynamic Support Register

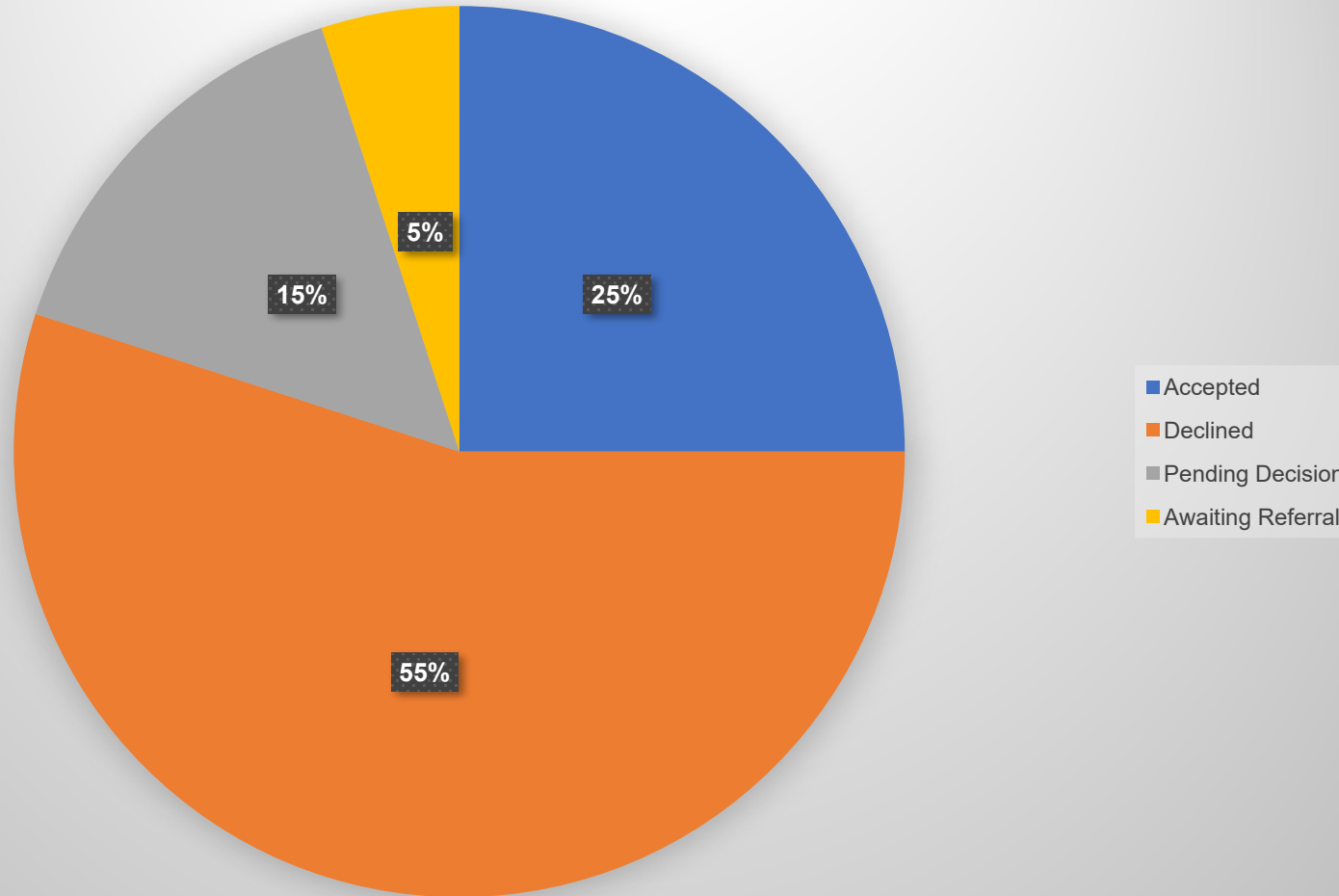
DSR RAG Ratings (as of 31/01/2024)





Percentages of Referrals

Referral Status (November 2023 - January 2024)





Age ranges & EHCP Data

Age Ranges	Enquiries Received (November 2023 - January 2024)	Female	Male
0-5 years	0	0	0
6-11 years	1	1	0
12-17 years	15	8	7
18-25 years	4	1	3

EHCP Status (as of 31/01/2024)				
ECHP's in place	No EHCP's in place	EHCP's in Progress	Gathering Information	Not Applicable
21	3	4	14	11

Note: Not applicable are those that do not meet the current remit for the Keyworking Team, Berkshire West.



Sample of Feedback

Safeguarding Lead - I wanted to share with you that a number of practitioners across CAMHS have highlighted how helpful they have found/are finding your support; your navigation and co-ordination with partner agencies and parents which may have previously been challenges or barriers to engagement.

The key working team is very much embedded within support services (BHFT and external agencies) for children, young people and families; for me this is so important as demonstrates the wonderful work you have been doing and continue to do.

Parent – My daughter really enjoyed your visit a couple of weeks ago by the way!

T4 Consultant - Thank you so much for your e-mail. I think your e-mail was so important in pointing out people that would be key to join this meeting such as S.117 commissioner. I recently contacted the young person's solicitor asking for advice on how the mental health office could support the local authority regarding section 117 aftercare rights and how this is important regarding the placement decisions.

Parent – My daughter enjoyed the initial interaction visit last week and had asked me when your next visit will be.

Parent - I wanted to say thank you to you and Tasha for all your help, I have had issues with my eldest daughter as well and I have never experienced this level of support before so thank you.



Service Development and Challenges

Ongoing work:

- Continues to develop the Adults 18-25 – March 2024 will move to accepting adults in the community
- Recruitment is ongoing for Fixed term positions
- Review Panel request has been escalated to support unblocking barriers
- Continue to grow self-referrals
- DSR Parent & Carer forum to promote co-production starts on 18 April 2024
- Develop DSR Young Persons forum to promote co-production with Parent & Carer DSR forum
- Continue linking in with SEND Local Offer
- Continue presentations to all agencies and linking in with local forums
- Linking with Commissioning regarding streamlining CETR's
- Continue to identify gaps and trends, escalating these to Senior managers and BOB ICB

Challenges:

- Long-term sickness in the team impacted on caseloads and delays in progressing Adult work
- Continue to ensure Agencies understand our role for appropriate referrals
- Review panel not in place presently to support multi-agency discussions for those on the DSR

Thank you
questions...

